

BLT Sandwich

1 oz.'s lettuce leaves

2 slices tomato

1 oz.'s mayonnaise

Serving size: Entire recipe
(9.8 oz.'s).

4 slices bacon

2 slices stone ground
white

Amount Per Serving	
Calories	809.06
Calories From Fat (62%)	504.72
	% Daily Value
Total Fat 56.04g	86%
Saturated Fat 17.3g	87%
Cholesterol 99.29mg	33%
Sodium 1432.95mg	60%
Potassium 374.11mg	11%
Total Carbohydrates 52.58g	18%
Fiber 2.85g	11%
Sugar 7.09g	
Protein 21.13g	42%