

# Breakfast Sandwich with Bacon

1 Stone Ground Jr. bun  
1 Egg

Serving size: Entire recipe  
(5.5 oz.'s).

1 slice bacon  
.5 slice cheese  
American

Amount Per Serving	
Calories	450.92
Calories From Fat (45%)	202.9
	% Daily Value
Total Fat 22.6g	35%
Saturated Fat 9.13g	46%
Cholesterol 196.16mg	65%
Sodium 851.78mg	35%
Potassium 134.64mg	4%
Total Carbohydrates 43.34g	14%
Fiber 2g	8%
Sugar 5.48g	
Protein 17.6g	35%