

Wrap - Chicken Club

1 tortilla

1 chicken strip

.5 oz.'s Lettuce leaves washed and dried

Serving size: Entire recipe
(3.7 oz.'s).

.5 oz.'s dressing ranch

.5 oz.'s bacon, diced

Amount Per Serving	
Calories	322.95
Calories From Fat (53%)	171.09
	% Daily Value
Total Fat 19.2g	30%
Saturated Fat 4.38g	22%
Cholesterol 21.47mg	7%
Sodium 662.26mg	28%
Potassium 184.29mg	5%
Total Carbohydrates 29.15g	10%
Fiber 1.73g	7%
Sugar 2.8g	
Protein 8.19g	16%