

Chicken Strips 2 pc

2 1 chicken strip
Serving size: Entire recipe
(6.1 oz.'s).

Amount Per Serving	
Calories	320
Calories From Fat (39%)	123.68
	% Daily Value
Total Fat 14g	22%
Saturated Fat 2g	10%
Cholesterol 60mg	20%
Sodium 1180mg	49%
Total Carbohydrates 28g	9%
Protein 22g	44%

Chicken Strips 3 pc

3 chicken strips
Serving size: Entire recipe (9.1 oz.'s).

Amount Per Serving	
Calories	480
Calories From Fat (39%)	185.52
	% Daily Value
Total Fat 21g	32%
Saturated Fat 3g	15%
Cholesterol 90mg	30%
Sodium 1770mg	74%
Total Carbohydrates 42g	14%
Protein 33g	66%

Chicken Strips 4 pc

4 chicken strip
Serving size: Entire recipe (12.1 oz.'s).

Amount Per Serving	
Calories	640
Calories From Fat (39%)	247.36
	% Daily Value
Total Fat 28g	43%
Saturated Fat 4g	20%
Cholesterol 120mg	40%
Sodium 2360mg	98%
Total Carbohydrates 56g	19%
Protein 44g	88%