

## French Toast Breakfast

2 slices French Toast

2 patties butter

Serving size: Entire recipe  
(7.9 oz.'s).

3 oz.'s Maple-flavored  
syrup

Amount Per Serving	
Calories	590.53
Calories From Fat (34%)	198.65
	% Daily Value
Total Fat 22.2g	34%
Saturated Fat 8.68g	43%
Cholesterol 172.3mg	57%
Sodium 634.01mg	26%
Potassium 356.91mg	10%
Total Carbohydrates 89.52g	30%
Fiber 0g	0%
Sugar 57.75g	
Protein 10.13g	20%