

Grilled Cheese Sandwich

2 slices stone ground white
3 slices cheese, American
Serving size: Entire recipe
(5.6 oz.'s).

.2 oz.'s Butter,
Margarine or Oil

Amount Per Serving	
Calories	577.11
Calories From Fat (51%)	295.3
	% Daily Value
Total Fat 33.44g	51%
Saturated Fat 19.68g	98%
Cholesterol 116.52mg	39%
Sodium 1883.75mg	78%
Potassium 111.16mg	3%
Total Carbohydrates 46.02g	15%
Fiber 2g	8%
Sugar 5.9g	
Protein 21.25g	43%