

Patty Melt Sandwich

2 slices bread rye
4 oz.'s ground beef
Serving size: Entire recipe
(9.5 oz.'s).

3 slices cheese Swiss
1 oz.'s onion, diced

Amount Per Serving	
Calories	715.52
Calories From Fat (59%)	418.73
	% Daily Value
Total Fat 45.9g	71%
Saturated Fat 22.52g	113%
Cholesterol 137.55mg	46%
Sodium 1326.15mg	55%
Potassium 283.71mg	8%
Total Carbohydrates 34.88g	12%
Fiber 4.19g	17%
Sugar 4.44g	
Protein 37.33g	75%