

Small Country Breakfast

2 Eggs
1 Biscuit
Serving size: Entire recipe
(7.3 oz.'s).

3 oz.'s Sausage Gravy

| Amount Per Serving | |
|----------------------------|---------------|
| Calories | 354.8 |
| Calories From Fat (56%) | 200.13 |
| | % Daily Value |
| Total Fat 22.79g | 35% |
| Saturated Fat 5.78g | 29% |
| Cholesterol 342.17mg | 114% |
| Sodium 844.19mg | 35% |
| Potassium 199.84mg | 6% |
| Total Carbohydrates 21.93g | 7% |
| Fiber 0.46g | 2% |
| Sugar 2.98g | |
| Protein 16.11g | 32% |